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Z E N E R G Y  
HEALTH CLUB • SPA • BOUTIQUE

## JANUARY NEWS & EVENTS



Save the date!

Premiere release of "North of Known," a Red Bull Media House Film

January 18, 6:30pm  
Limelight Hotel

\$10 tickets available at Zenergy & Limelight Hotel

\$15 tickets at the door

Get tickets early, limited space available.

All proceeds to benefit the Sawtooth Avalanche Center

*"North Of Known," a Red Bull Media House film, documents local zenergy sponsored athlete Gavin McClurg and Dave Turner as they attempt a full, unsupported traverse of the Alaska Range by foot and paraglider, across North America's highest mountains. The team faces endless extreme weather, starvation, grizzly bears, uncrossable rivers and countless glaciers in one of the worlds most remote and inhospitable mountain ranges. After 37 days, Gavin McClurg completed the expedition solo and became the first person to traverse the Alaska Range by paraglider, fulfilling a dream he'd been chasing for six years.*

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### Special Alex Laws classes!

Friday, January 6:  
7:00-7:55am and 8:30-9:25am

Friday, January 13:  
7:00-7:55am and 8:30-9:25am

Get your sweat on and be inspired!

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### Les Mills, Super Saturday! Saturday, January 14 Free and open to the community!

Be the first to learn the new tricks and try something new. Win prizes and receive discounts throughout the club just by showing up! Join Zenergy's fabulous team of instructors for one, two or all the great classes. Space is limited so arrive early.

- 7:45am Body Pump 100
- 9:00am Body Combat (30 minutes)
- 9:35am CX
- 10:15am Body Pump 100
- 11:30am Body Attack (30 minutes)
- 12:00pm BodyFlow



Get a jump on your 2017 fitness goals!

Check out our January clinics.

**Aerobic Kickboxing**  
**EEvolveMatrix**  
**Lean and Mean in "17"**  
**One Perfect Day Nutrition**  
**TRX Basic Training**  
**Pilates Wall (Après Ski)**

Click on any clinic to register.



Keep the little ones busy with Soo Bahk Do and swim lessons!

**Tiger Tots A (5-6 all ranks)**  
**Karate Kids (Ages 7-12, all ranks)**  
**Water Babies (6 months-2.5 years)**  
**Intro to Swimming Fun (Ages 3-4)**  
**Sailfish Swim Club (Ages 7-18)**  
**Swim Improvement and Stroke Clinic (Ages 5-7)**

Click on any clinic to register.



The relatives are gone. The parties are over.  
Come relax and recharge in our award-winning spa.

Join us for lunch!



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The Haven are now available!

Made-to-order smoothies and juices made freshly daily are also available.

The cafe is open to the public.



### **New Arrivals Weekly at the Boutique!**

Alternative Apparel  
Club Ride  
Movement by Free People  
Knix Underwear  
Lululemon athletica  
Spiritual Gangster  
Vie Active  
Zenergy Signature Line

The Zenergy Boutique is open throughout club hours. Non-members are welcome! Non-members receive a complimentary day pass with any purchase over \$150. Valid on the day of purchase only.

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## **Important Accounting Reminder**

Effective as of January 1, 2017, Zenergy implemented an important monthly bill payment change.

For those of you who choose to continue paying your monthly bill via credit card, a **\$5.00 processing fee** will be added to your statement. Those who pay by check are welcome to continue doing so. We encourage you to pay your monthly statement directly through your bank account (ACH), a convenient payment process many of you likely already utilize to pay this and other recurring bills. To switch your account settings please fill out this **form** and return to Zenergy.

If you have any questions please **contact** Kelly Arial.