

## May 2017 - Zenergy Indoor Cycling Studio Schedule

### Monday

8:30-9:25am	RPM Power Ride (Joel/India)	
5:00-5:55pm	RPM Power Ride (Georgie)	Last Class May 8th

### Tuesday

6:30-7:25am	Suunto Heart Rate Training (Erin)	
8:30-9:25am	Suunto Heart Rate Training (Brenda)	
5:30-6:15pm	CycleJam (India)	Last Class May 9th

### Wednesday

7:00-7:55am	\$ Zenergy Bike Club (India/Brenda)	Last Indoor Class May 10
8:30-9:25am	RPM Power Ride (Georgie)	
11:30-12:00pm	Power Lunch Ride! (Jon)	

### Thursday

6:30-7:25am	Suunto Heart Rate Training (Julie)	
8:30-9:25am	RPM Power Ride (Ashley)	
5:30-6:15pm	RPM Power Ride (Susan)	Last Class May 11th

### Friday

7:00-7:55am	\$ Zenergy Bike Club (Georgie/Susan)	Last Indoor Class May 12
8:30-9:25am	RPM Power Ride (Yvette)	

### Saturday

9:00-9:55am	RPM Power Ride (Beth)	
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### Sunday

8:30-9:55am	Suunto Heart Rate Training (Julie)	
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