



**Contact for Zenergy Heath Club & Spa**

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**Zenergy Health Club Opens the Doors of its Expanded Heath & Wellness Spa**  
Sun Valley's world class spa now offers the complete experience

**SUN VALLEY, ID** – December 22, 2012–Zenergy Health Club & Spa announces the grand opening of its expanded health and wellness spa. The spa includes a full-service nail salon, Greg Hinshaw's Hair Studio, complete waxing services, dedicated rooms for facial and beauty treatments, wet bar and calming lounge featuring vibroacoustic therapy chairs. The spa now totals nine rooms, offering guests the luxurious treatments they crave: restful massages, stimulating scrubs, rejuvenating wraps, peels and time-tested eastern treatments. Guests can be pampered all day long through use of a complimentary day pass to all the benefits of Zenergy Health Club. Take a dip in the outdoor or indoor saline pool, hit the gym, join a class, or lounge in the eucalyptus steam room; it's all at the guests' fingertips.

"Zenergy now has a complete, world-class destination spa to complement our nationally recognized Health Club. We believe this will be a great asset to our community as it provides a true health and wellness component for people visiting and living in Sun Valley," says Derek Agnew, General Manager, Zenergy Health Club & Spa.

Along with the spa grand opening, Zenergy Health Club & Spa is proud to announce its partnership with ReBlume Medical. ReBlume has established a nationally recognized esthetic medical practice specializing in facial rejuvenation and non-surgical facelifts. The team utilizes superior techniques to achieve incredible long-lasting change through non-invasive procedures that produce beautiful, natural results.

"ReBlume Medical is thrilled to be working with Zenergy. It's a perfect fit combining a world class health club and spa with the services of ReBlume Medical. The unique and high quality services that ReBlume

offers will help complete the already wonderful package of amenities that Zenergy offers," says Rachel Cook RN, ReBlume Medical.

The new spa features original artwork provided by local Gallery DeNovo owner Robin Reiners, as well as the extraordinary photography of Kirk Anderson. The spa's inviting aspen-lined halls and serene artwork prepare all the senses for a rejuvenating journey.

Sun Valley, Idaho has long been a wedding destination. With its gorgeous backdrops and perfect summer weather, couples come from near and far to say "I do." Zenergy's expanded spa is now the premier choice to host special wedding events. Bridal parties can enjoy champagne by the pool, relaxing massages, manicures, pedicures, professional up-dos and makeup application all in one beautiful location. Zenergy Health Club & Spa is also partners with the nearby Thunder Spring property and vacation rental condominiums. The deluxe accommodations offer the ideal place to stay with a group of friends or on a romantic getaway while enjoying complete health and wellness packages.

After a long day bombing through powder on the slopes, Zenergy is the answer to remedy those tight and tired muscles and get guests back up on the hill. For those wanting a slower pace, Zenergy experts will design an entire day of health and wellness all tailored to the unique needs of each guest, everything from meeting with the on-staff nutritionists, personal trainers or enjoying one of the signature spa packages. Enjoy relaxing music, sip herbal tea, reflect, and enjoy a day of respite.

Zenergy Health Club & Spa, named on CNBC's list of "Most Luxurious Fitness Facilities Across America," is Sun Valley, Idaho's complete health and wellness destination. The spa includes dedicated rooms for massage, beauty treatments, acupuncture, vibroacoustic therapy chairs, a complete nail and hair salon, and age reducing treatments from ReBlume Medical. The health club offers over 70 classes per week including group fitness, Body Pump, Body Attack, Boot Camp, ski conditioning, Egoscue Method, interval training, cross-training, Pilates, yoga, indoor cycling and more. Tennis instruction is offered with tennis pros Mats Wilander, the former world #1 ranked player and 8-time Grand Slam Champion and 17-time Grand Slam Champion Fred Stolle. The Café provides fresh food prepared daily by the in-house chef and the Boutique features all the current trends in athletic clothing and accessories. Sun Valley's premiere wellness destination property includes Zenergy's 45,000 square foot health club, indoor and outdoor saltwater pools and the Thunder Spring property featuring 63 deluxe condominiums.

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