

MAINS

BURGER: protein of choice, tomato, red onion, lettuce on an organic Bigwood Bread bun \$11 Proteins: ¹/₄ lb beef burger | beyond burger | chicken

WRAP: protein of choice, tomato, red onion, lettuce, ranch dressing wrapped in a tortilla \$11 Proteins: 1/4 lb beef burger | beyond burger | chicken | shrimp

GYRO: protein of choice, tomato, red onion, lettuce, feta, tzatziki wrapped in a warm pita \$11 Proteins: ½ lb beef burger | beyond burger | chicken | shrimp

HOT DOG: grilled hot dog, bun, choice of condiments \$6.5

GRILLED CHEESE: cheddar cheese on an organic BigWood Bread sliced sourdough \$5.5

add side salad \$5 | add bacon \$2 | GF buns \$2 | add cheddar, pepper jack, swiss

GREENS

HOUSE SALAD: romaine, tomato, onion, cucumber, carrot, croutons, ranch or balsamic \$8.5

KALE CAESAR SALAD: kale, croutons, parmesan, roasted lemon, Caesar dressing \$8.5

CAPRESE SALAD: roasted tomato, basil, mozzarella, pesto, balsamic glaze, fresh greens \$10

add protein \$5: beef burger | beyond burger | chicken | shrimp

SHARE

GRILLED CHICKEN SKEWERS: peanut dipping sauce, grilled lime \$7.5

GRILLED SHRIMP SKEWERS: mango marinade, grilled lime \$7.5

HUMMUS PLATE: cucumbers, carrots, celery, pita wedges, hummus \$8

CHIPS AND SALSA: tortilla chips, salsa \$4

SOFT PRETZEL: served with mustard \$4



ZENERGY + COOKBOOK

PIZZA

CHEESE: mozzarella, parmesan, tomato sauce \$15

MARGHERITA: mozzarella, tomato sauce, basil \$15

GOAT: pesto, artichoke hearts, goat cheese, spinach, jalapeños \$17

FLYING PIG: pork sausage, roasted red peppers, fontina, shaved onions \$17

SHROOM: oyster, shiitake, sautéed spinach, rosemary, thyme, fontina, parmesan, truffle oil \$17

SPECIALTY

ORGANIC CHICKEN BOWL: red quinoa, kale, corn, red onion, roasted red pepper \$17.5

P&G BOWL: black lentils, chickpeas, yams, cauliflower, pepitas, kale, yellow curry, lime \$17.5

GREY GOOSE PASTA: vodka cream sauce, pancetta, casarecce, sausage, parmesan \$18.5

GAZPACHO: watermelon, pineapple, feta, mint \$5.5



SMOOTHIES

120Z - \$8.5 | 160Z - \$9 | PROTEIN - \$2.25

UNICORN: strawberry, banana, orange juice

BERRY BLAST: mixed berries, banana, apple juice

THE CARIBBEAN: banana, mango, orange juice

GREEN DRAGON: pineapple, spinach, banana,

POPEYE: spinach, strawberry, banana, almond milk

MANGO MADNESS: mango, strawberry, banana, orange juice

CREATE YOUR OWN

FRUITS & VEGGIES: banana, strawberry, blueberry, mixed berry, mango, kale, spinach

JUICES & MILKS: apple juice, orange juice, almond milk, hemp milk, milk

OTHER ADDITIONS: yogurt, honey, peanut butter, almond butter, olive oil

BEVERAGES

SLUSHY: rotating natural flavors \$4

SODAS: coke, diet coke, dr. pepper, sprite, la croix \$2

NATURAL SELECTIONS: mint yerba mate, lemon-lime pop

OTHER: redbull, lemonade & ice tea \$3

KIDS: juice box \$2

FROZEN TREATS: \$3



BEER

DRAFT BEER: 16 oz rotating selection \$5

12 OZ CAN: modelo | bodhizafa IPA | sweet as \$3

16 OZ CAN: bitburger | stiegl radler \$4.5

COORS LIGHT: \$2.5

WINE

ROMBAUER CHARDONNAY: \$12.5

LA CREMA CHARDONNAY: \$7.5

SANTA MARGHERITA PINOT GRIGIO: \$9

KIM CRAWFORD SAUVIGNON BLANC: \$7.5

FLEURS DE PRAIRIE ROSÉ: \$8

BROWNE FAMILY PINOT NOIR: \$9

JOSH CELLARS CABERNET SAUVIGNON: \$9

LITETAILS

SIGNATURE: blue ice vodka huckleberry lemonade, soda water, lemon \$6

MOSCOW MULE: dryfly moscow mule, soda water, lime \$6

SPICY LEMONADE: dryfly lemonade, soda water, lime \$6

SKINNY GIRL MARGARITA: \$7.5

WHITE CLAW: \$4

SLUSHTAIL: \$8